

REPORT OF THE National Service Scheme (NSS)

Dr. Zoramdinthara, Programme Officer

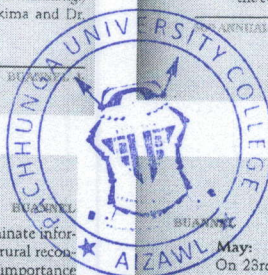


The NSS Unit of Pachhunga University College is the premier NSS Unit in Mizoram and it came into existence in 1972. From the date of its inception, volunteers and Programme Officers of this unit have been rendering their voluntary services for the expansion of NSS activities in taking up various programmes. At present this unit has six Programme Officers with the strength of six hundred student volunteers. The Programme Officers are as follows- Dr. Lalhankungi, Mr. H.L. Lawmzuala, Dr. R. Ramthara, Dr. Zoramdinthara, Dr. Lalhakima and Dr. Lalramliana. Fortunately, under the dynamic Principal, Dr. Tawnenga, this Unit has its own NSS Office in the college. The activities undertaken during the session 2015-2016 may be given as follows:

Regular activities:

January:-

- As per the request made by Programme Coordinator, Mizoram University, Tanhril Aizawl NSS Cell, two volunteers, namely Chawnglunchhungi d/o C. Zoliana and B. Lalruatpuia S/o B. Rokanglova participated in the 19th National Youth Convention-Suvichar at XIX National Youth Festival 2015 held from 8 - 12 January 2015 at Gauhati.
- On 5th January 2015, Dr. Zoramdinthara attended Association for Voluntary Blood Donation meeting on Valentines Voluntary Blood Donation 2015 at MSACS hall, Aizawl.
- As requested by Blood Bank Officer, Civil Hospital Aizawl, on 16th January 2015, the NSS Unit of this institution organized Voluntary Blood Donation 2015. In this blood donation Camp, 69 male volunteers and 22 female volunteers have donated their valuable blood for the needy patients. With these, the NSS Unit of this institution has donated a total of 509 units for the Blood Donation Calendar year 2014-2015. In this programme all the Programme Officers of this Unit Dr. Lalhankungi, Dr. Ramthara, Mr. H.L. Lawmzuala, Dr. Lalramliana, Dr. Lalhakima and Dr. Zoramdinthara and 800 volunteers have actively participated.



reconstruction. The objective of this workshop is primarily to disseminate information on creativity and innovation, community health as tools for rural reconstruction. Personal development, preservation of environment and importance of literature and rural reconstruction etc were discussed in depth. This workshop has been designed to be practical with lectures, examples, encourage participation, to raise various issues, challenges problems which occur during the past and the present. This would give an idea to make new discourse and dimensions for the better understanding of 'Youth for Inspiring Rural Reconstruction'. Therefore, the organizers of this workshop do firmly believe that it will provide not only essential knowledge but also a great opportunity to share experiences both technical and regulatory issues.

For the success of this workshop, we received technical and moral support from Principal of Pachhunga University College who is also the key architect of this Workshop. Besides this, the organizers of this seminar express our gratitude to the National Council of Rural Institutes (NCRI), Hyderabad Ministry of Human Resource Development, Government of India who sponsored this training.

- From 8th to 14th March 2015, Dr. Zoramdinthara, PO attended Orientation Course of NSS organized by Ministry of Youth Affairs and Sport, Government of India held at Indian Institute of Entrepreneurship, Guwahati.
- On 16th March 2015 cleanliness programme was organised at the College campus and in this programme, 30 male and 20 female volunteers actively participated.
- On 17th March, Dr. Zoramdinthara PO attended Association for Voluntary Blood Donation meeting to discuss matter relating to increase percentage of voluntary blood donation in Mizoram.
- On 27th - 29th March 2015, Seventeen NSS Volunteers participated in the programme Parv-Furvaattar, Celebrating the Diverse Cultural Traditions of North East with Telangana at Shiparam, Hyderabad. In this programme, our NSS Volunteers performed Cheraw dance and Mix Mizo dance. The programme is organized by Sangeet Natak Akademi, New Delhi, Bharat Folk Arts Academy and Shiparam, Hyderabad.

April:

- On 23rd May 2015, the NSS unit of this institution organised Cleanliness programme at the college for cleaning of NSS Office and college campus. In this programme, one Programme Officer, Dr. Zoramdinthara and 30 male and 20 female volunteers participated.
- On 30th April 2015, Voluntary Blood Donation Campaign was organized at Ramthar Veng YMA Hall for football players. In this programme, 40 male football players participated and Dr. Zoramdinthara acted as resource person.

- On the occasion of Pulse Polio Immunization Day, 19th January, 2015, 10 male volunteers and 5 female volunteers visited Damveng Health Centre and help the pulse polio workers. In this programme, 33 male and 20 female children were immunized.

February:

- On the 2nd and 6th February 2015, Dr. Zoramdinthara, PO attended NE NSS Youth Festival Programme Committee at the office of Secretary, Sport and Youth Services Department. On the same day, he also attended Association for Voluntary Blood Donation meeting at Civil Hospital Blood Bank Office.
- In order to prevent possible outbreak of wildfire, on 7th February 2015, one programme called Fire Prevention was held at the plantation site near Thiak village for clearing of plantation area. In this programme, 18 male and 10 female volunteers including one PO, Dr. Zoramdinthara were actively involved.
- On 14th February, 2015, Association for Voluntary Blood Donation organized Valentines Voluntary Blood Donation 2015 at Government Indoor Stadium Aizawl. As requested by the organizing body of this programme, 30 NSS volunteers, 15 female and 15 male including one PO, Dr. Zoramdinthara actively participated in reception and ushering.
- NE NSS Youth Festival 2015 was hosted at Mizoram University. Dr. Zoramdinthara attended the inaugural function and one NSS volunteer of this institution, Ms. Zorinzuali Khiange also performed a beautiful song in the function.
- On 27th February 2015, Cleanliness Campaign was organized at the college campus and in this programme, 50 male and 30 female volunteers were actively participated.
- On 28th February 2015, five park benches were constructed at the NSS garden in the college campus. In this programme, 35 male and 29 female with one Programme Officer, Dr. R. Ramthara were actively involved.

March:

- The NSS Cell Mizoram University often felt the need for youth empowerment. Fortunately, on 4th March 2015, NSS Cell Mizoram University and NSS Unit, Pachhunga University College organized One Day 'Training on Motivation of Youth For Inspiring Rural Reconstruction' at Mizo Department Lecture Hall, Pachhunga University College. Dr. Zoramdinthara was the Co-coordinator and one of the resource persons at the training. In this training, we had 5 distinguished resource person and more than 47 students participated from different streams in the college. This workshop was organized with a view to motivate youth for rural

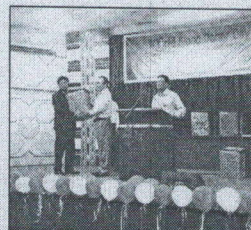
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Aizawl : Mizoram

May:

On 23rd May, 2015, the NSS unit of this institution organised Cleanliness programme at the college for cleaning of NSS office and college campus. In this programme, one Programme Officer and 30 male and 20 female volunteers participated. Due to the ongoing external examination, no other activities can be organized during this month.

June:

- On 2 June 2015, at 1:00 pm, Dr. Zoramdinthara Programme Officer attended Programme Officer Meeting at State Liaison Officer Chamber
- On the occasion of Green Mizoram Day 2015, the NSS Unit of this institution also observed Green Mizoram Day 2015 for clearing and replacing of unsurviving plant at the Plantation Site of World Bank Road near Thiak village. In this programme 25 volunteers with one Programme Officer, Dr. Zoramdinthara participated. In this programme 15 sapplings have been planted. Fortunately, our Respected Principal, Dr. Tawnenga also visited the site and we really appreciated it.
- 30 NSS volunteers with Dr. Zoramdinthara PO participated in the observation of World Blood Donor Day on 12 June 2015 held at I&PR Auditorium. In this programme, PUC NSS Unit was awarded First Prize in Voluntary blood Donation for their outstanding achievement of Blood by donating 509 units.



- As invited by Sr Hemanta Rabha, Senior Project Officer, Indian Institute of Entrepreneurship, Ministry of Skill Development & Entrepreneurship, Govt. of India Guwahati, Assam five NSS Volunteers with Programme Officer, Dr. Zoramdinthara were participate in the Stakeholders Interactive Meet of IIFCL-NSTFDC Skill Upgradation and Economic Empowerment of Tribal Handloom Artisans in the North Eastern States (Mizoram) held at Information and Public Relations Auditorium. Our volunteers acted as receptionist and ushers in the programme and Dr. Zoramdinthara, PO also actively involved in the discussion.

- v) On 30th June 2015, under the initiative taken up by Programme Officer Dr Zoramdinthara, 10 unemployed youth, 5 female and 5 male from adopted village Phulpui were sent to Indian Institute of Entrepreneurship, Gauhati to have Business Incubation Training on Readymade Garments & Handicrafts for Youth of North Eastern Region under NPYAD scheme sponsored by Ministry of Youth Affairs and Sports, Govt. of India for two months residential training on readymade garments from 1st July, 2015 at IIE campus. This is one of the important landmark achievements of this unit.

July:

- i) On 17 July 2015, at 2:00 pm, Social work cum cleanliness work was organized at the college campus. In this programme two programme Officers and 50 volunteers participated.
- ii) On 24th July 2015, Career Guidance cum NSS Orientation for Volunteers Programme was held at the Jubilee Hall, PUC. Lecture was delivered by Dr Zoramdinthara, Programme Officer and in this programme, around 500 volunteers and four Programme Officers participated.

August:

- i) On 22nd August 2015, at 3:00 pm, Social work cum cleanliness work was organized at the college campus. In this programme two Programme Officer and 60 volunteers participated.
- ii) On 16th August 2015, Dr Zoramdinthara, Programme Officer attended a meeting of Association for Voluntary Blood Donation at Civil Hospital Blood Bank.

September:

- i) In view of the coming voluntary blood donation to be held on 11 September 2015, on 8th September 2015, Blood Donation Campaign was held at the College and around 700 students were involved. Dr. Lalthakima and Dr Zoramdinthara, PO delivered importance of voluntary blood donation among the students.
- ii) On 15th September, 2015, Dr Zoramdinthara Programme Officer has attended Programme Officer's Meeting held at Information and Public Relation Conference Hall at 11:00 am.
- iii) On 16.9.2015 HIV/AIDS awareness campaign was organized by NSS Unit Pachhunga University College and CARE, World Vision India at the college. In this programme, 100 male and 60 female students actively participated. Power Point lecture was delivered by Miss Lalchhanhimi and Mrs Robert Khiangte from CARE, World Vision India.

- iv) On 11 September 2015, the NSS Unit of this institution has organized Voluntary Blood Donation and blood is collected by Civil Hospital Blood Bank staff. In this programme, 159 units of blood have been collected, out of which 129 are male and 30 are female. All the Programme Officers, Dr Lalthakima, Dr. R. Ramthara, Dr Lalramliana, Dr. Lalthakima, Mr HL Lawmzuala and Dr Zoramdinthara were actively involved in the programme.

- v) As per a meeting resolution of Programme Officers held on 15th September at I&PR Conference Hall, on 25 September 2015, the NSS Unit of this institution organized Social work programme for clearing of plantation site at World Bank Road near Thiak Village. In this programme, 25 male and 15 female with one Programme Officer Dr Zoramdinthara participated. Actually this programme is organized to celebrate NSS Day 2015.

- vi) On 11 September 2015, cleanliness programme was organized at the college and in this programme, 500 male and 400 female volunteers from self financing Units with all the Programme Officers were actively participated. As participants were from Self Financing units, no refreshment has been served from the Units. All the Programme Officers were also participated in the programme.

October:

- i) In view of coming voluntary blood donation to be held on 9th October 2015 at the College Campus, Blood Donation Campaign was held at the College on 5th October 2015 and around 750 students were involved. Dr Zoramdinthara, PO delivered importance of voluntary blood donation among the student.
- ii) On 9th October 2015, the NSS Unit of this Institution has organized voluntary Blood Donation and blood is collected by Civil Hospital Blood Bank staff. In this programme, 175 units of blood was collected and out of which 132 are male and 43 are female. In this programme, all the Programme Officers were involved.
- iii) On 15 October 2015, cleanliness programme was organized at the college and in this programme, 75 male and 25 female volunteers with three Programme Officers actively participated.

November:

- ii) On 4 November 2015, cleanliness programme was organized at the college and in this programme, 70 male and 25 female volunteers with three Programme Officers actively participated.
- ii) Dr Zoramdinthara PO attended AVBD meeting in connection with Voluntary Blood Donation.

[Signature]
Principal
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Aizawl : Mizoram

December:

- i) On the occasion of World AIDS Day, 1st December 2015, the NSS Units of this institution was awarded 'Certificate of Appreciation' by Mizoram State AIDS Control Society for their highest contribution of blood among the institutions in Mizoram during 2015. The award was received by our Respected Principal Dr Tawnengia.
- ii) On 3rd December 2015, cleanliness programme was organized at the college and in this programme, 70 male and 25 female volunteers with three Programme Officers actively participated.
- iii) On 4th December 2015, Block Level Declaration Contest was held at Mizo Department Lecture Hall which was jointly organized by Nehru Yuva Kendra, Aizawl and NSS Unit, Pachhunga University College. In this programme, Lawmsangpuia, V semester student of this Unit won the first prize in the contest and he is qualified for State Level Declaration Contest. In this programme, around 50 volunteers with one PO Dr Zoramdinthara actively participated.
- iv) On 4th December 2015, Anti Tobacco Campaign was held at Mizo Department Lecture Hall in collaboration with Nehru Yuva Kendra, Aizawl. R. Lalremruata, State Consultant, Mizoram State Tobacco Control Society was a resource person and a fruitful discussion on tobacco and related issues was held.
- v) On 15 December 2015, State Level Declaration Contest was held at Central Agricultural University. In this contest our volunteer, Lawmsangpuia represented this Unit and fortunately, he won the first position in this contest. Automatically, he is qualified for All India Declaration Contest to be held on 18 January 2016 at Raipur.

Special Camping:

During this year, four special camping programme was successfully organized. One was at Durtlang North from 23-29 March and other three special campings were conducted at Phulpui Adopted Village in selected localities like Sikul Veng from 28 February -6 March, Thlerpui from 28 February -6 March, Venglai from 28 February -6 March 2015.

SPECIAL AWARD CERTIFICATE:

Fortunately, Programme Coordinator, NSS Cell Mizoram University, Deputy Secretary & State Liaison Officer, NSS (Cell) Sport and Youth Services, Mizoram and Secretary, Sport and Youth Services, Government of Mizoram has given SPECIAL AWARD to NSS Unit Pachhunga University College for their outstanding performance for donating 509 Units of Blood during 2015.

[Signature]
Coordinator
Internal Quality Assurance Cell
Pachhunga University College
(A constituent college of Mizoram University)



REPORT OF THE National Service Scheme (NSS)

Dr. Zoramdinthara, Programme Officer



The NSS Unit of Pachhunga University College is most premier NSS Unit in Mizoram and its came into existence in 1972. From the date of its inception, volunteers and Programme Officers of this unit have been already rendering their voluntary services for the expansion of NSS activities in taking up various programmes. At present this unit has nine Programme Officers with the strength of nine units of nine hundred student's volunteers. Some major achievements during 2016-2017 may be given as follows.

JANUARY 2016: During January 2016, Special Camping was organized at Lungleng Adopted Village and in this programme, three Units of this institution have actively participated.

FEBRUARY 2016:

- On 5th February 2016, Inaugural Function of Village Adoption of Lungleng Village was conducted and in this programme, Pu R. Romawia, Higher and Technical Education Minister was Chief Guest. Dr. Zoramdinthara, PO also delivered the Importance of Health and Sanitation. In this programme, all Programme Officer and around 500 peoples were participated.
- On the occasion of Valentine's Day, Blood donation cum Blood Donation awareness campaign was conducted at Civil hospital by MSACS and AVBD. In this programme, one PO Dr. Zoramdinthara and ten volunteers were participated to give awareness and importance of Voluntary Blood donation.
- On 12 Feb 2016, cleanliness programme was organized at the college and in this programme, 60 male and 40 female volunteers with three Programme Officers were actively participated.
- During 2-6 February 2016, Training of Trainers Programme was held at Youth Hostel, Lungleng and in this programme Dr. Zoramdinthara PO was participated as resource person cum session chair which was jointly organized by NSS Regional Centre Gauhati and NSS Cell Mizoram.
- On 19th February 2016, Seminar on Youth and Drinking of Liquor, An in-depth Analysis from Medical and Economics Perspectives was held at Auditorium of Pachhunga University College which was sponsored by Campus Ministry and the programme is supported by NSS Unit of this institution. In this programme, around 600 volunteers with all Programme Officers were attended. In this programme, Dr. Hiekima, Psychiatrist, Civil Hospital and Dr. Lalindiana Varte Asst Prof Mizoram University, were resource person and Dr.

LEARNING & SERVICE

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Zoramdinthara also have a short lecture. After the session is over there is fruitful discussion on liquor, mental and related issues.

- On 27th February 2016, Campaign on fire prevention programme was conducted at NSS Plantation Site at World Bank road, near Thiak Village. In this programme, 20 male and 10 female with one PO Dr. Zoramdinthara were attended and during the campaign, volunteers cleared the entire plantation site for possible outbreak of fire.

MARCH 2016

- On 3rd March 2016, Dr. Zoramdinthara PO delivered a Powerpoint presentation on Organizing a Blood Donation Camp in the Programme Training on Voluntary Blood Donor Motivation organized by AVBD and MSACS. As invited by Chapchar Kut Celebration Committee 2016, on 4th March 2016, NSS Volunteers of this Unit performed Mizo Traditional Dance at Aijal Club. In this Programme 20 volunteers have a fantastic performed.
- On 11th March 2016, Voluntary Blood Donation Campaign was held at the College campus and in this programme a round 1400 volunteers were actively participated. In this programme, Dr. Zoramdinthara has delivered awareness and importance of Voluntary Blood donation.
- On 24 March 2016, Blood Donation Camp was organized at the College Campus and Blood was collected by Civil Hospital Blood Bank Staff. In this Blood Donation Camp 200 units of Blood were collected and out of which 160 were male and 40 were female donors and all Programme Officers Lalthakungi, Dr. R. Ramthara, Dr. Lalthakima, Dr. Thanhningliana, Dr. Lalramliana, Mr. HL Lawmzuala were actively participated.

APRIL 2016:

- On 25th April 2016, Dr. Zoramdinthara PO with 20 male volunteers and 5 female volunteers were participated in the World Anti Malaria Day Rally organized by Health and Family Welfare, Aizawl East Government of Mizoram.
- On 29th April, Cleanliness drive programme was organized at the College campus. In this programme, 50 male volunteers and 40 female volunteers with three Programme Officer Dr. were actively involved.

MAY 2016:

- On 10th May 2016, Dr. Zoramdinthara PO attended Association for Voluntary Blood Donation foundation celebration ceremony at Synod Higher Secondary School. In this function, Dr. Zoramdinthara has proposed vote of thanks.
- On 20th May, Cleanliness drive programme was organized at the College campus. In this programme, 60 male volunteers and 40 female volunteers were actively involved.
- On 23rd May 2016, Dr. Zoramdinthara PO attended Programme Officers meeting at 18:PR Conference center.

JUNE 2016

- On 3rd June 2016, NSS Units of this institution organized mass tree plantation cum Green Mizoram day at NSS Plantation site near Thiak Village. In this programme Dr. Zoramdinthara PO and 50 male and 15 female volunteers were actively involved. Around 90 saplings have planted.

LEARNING & SERVICE

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- On 14th June 2016 at the celebration of World Blood donor's day, The NSS Unit of Pachhunga University College was awarded Voluntary Blood Donation Award 2015-2016 by Association for Voluntary Blood Donation Mizoram for their outstanding contribution of 533 units of blood.
- On 21st June, International Yoga Day was celebrated at Assam Rifles Ground, Aizawl. In this programme 15 male volunteers and 5 female volunteers were actively participated in the programme and also did Yoga demonstration.
- On 29th June 2016, Dr. Zoramdinthara PO was Awarded State Level NSS Programme Officer Award for his outstanding performance in various NSS Activities during 2015-2016 by NSS Cell Mizoram. The award carries framed citation, trophy and Rs. 5000 cash prize.

JULY 2016

- Swatchh Bharat Campaign was organized by NSS Unit of Pachhunga university College on 12 July 2016. In this Programme, 700 male, 500 female volunteer and all Programme Officer were actively involved.
- On 14th July 2016, tree plantation programme was organized at the College Campus. In this programme, 110 saplings have been planted and three Programme Officer with 140 volunteers were involved in the programme.
- On 16th July 2016, programme on clearing of plantation site was organized at World Bank road near Thiak Village.
- Mass Cleanliness programme was organized at the College Campus and in this programme 500 male, 400 female volunteers with all Programme Officer were actively participated.

AUGUST 2016:

- Swatchh Bharat Campaign was organized by NSS Unit of Pachhunga university College on 26 August 2016 which is sponsored by UD&PA, Government of Mizoram. Besides the College Campus, the campaign also covered College Veng and Bethlehem veng area as well. In this Programme, 1000 male, 900 female volunteer and all Programme Officer were actively involved.
- On 27th August 2016, Workshop on Importance of Organ Donation was organized at the College Campus and Dr. Lalthakungi, Eye Specialist, Civil Hospital Aizawl delivered importance of Eye Donation. In this Programme, 200 male, 180 female volunteers with Dr. Zoramdinthara were present in the programme.
- On 24th August 2016, 7 male and 6 female volunteers with Dr. Zoramdinthara attended Digital India programme organized by NSS Cell, Mizoram University at Mizoram University.

SEPTEMBER 2016:

- Cleanliness campaign was organized at the College campus on 9th September 2016. In this Programme all Programme Officer with self-financing unit of 300 male and 240 female volunteers were participated.
- On 24th September 2016, Swatchh Bharat Campaign Cum Observance of NSS Day was organized at the College campus. In this programme 400 male, 300 female volunteers with all Programme Officers were actively participated.

LEARNING & SERVICE

BUANNEL-IV

Coordinator
Internal Quality Assurance Cell
Pachhunga University College
(A constituent college of Mizoram University)

OCTOBER 2017:

- On 15th October 2016, NSS Units of this institution organized renovation of NSS Plot programme cum social works at the College. In this programme Dr. R. Ramthara PO and Mr. H.L. Lawmzuala PO and 30 female volunteers were actively involved.
- On 5th October 2016 at the celebration of World Wildlife day run was organized by Department of Forest, Government of Mizoram. In this programme, 30 NSS Volunteers with Dr. Zoramdinthara PO from this NSS Unit were also participated.
- On 1st October 2016, National Voluntary Blood Donation Day was observed at the College and Dr. Zoramdinthara PO has delivered the importance of blood donation. In this programme 200 male volunteers and 180 female volunteers were actively participated in the programme and also take oath for voluntary Blood donation.
- On 31st October 2016, National Unity day was observed the College. Dr. Zoramdinthara PO and Dr. R. Ramthara with 400 volunteers were participated and take pledge for keeping peace and unity.
- On 1st October 2016, Social works programme was organized at College veng and did renovation works at College fencing. In this Programme 50 male and 30 female volunteers were actively involved.
- In view of NAAC visit, Social works cum Cleanliness programme was organized on 21st October 2016 to clean college campus. In this programme 450 volunteers with all the Programme Officer were involved.
- On 27th October 2016, mass cleanliness programme was organized for cleaning college campus and its surroundings. In this programme all the Programme Officer, 1500 volunteers from NSS Unit and Self Financing Units were also actively involved.

NOVEMBER 2016:

- On 22nd Nov - 25th Nov 2016, NSS NE Youth Festival was held at Berawlang Aizawl and in this programme one of our volunteer, Vanlalhlimpui performed a beautiful song in the inaugural programme and Dr. Zoramdinthara PO also act as organizing member of the festival.
- On 17th November 2016 Dr. Zoramdinthara Programme Officer was awarded Indira Gandhi NSS Award for Programme Officer 2015-2016 and Chawngbhlunchhungi also awarded Indira Gandhi NSS award for volunteer. At the same time, this unit was also got Best Unit Award and the award is given by the President of India at Durbar Hall, Rajbhawan, New Delhi. In this programme, Head of this institution Dr. Tawngso also received Unit Award 2015-16 from the President of India.
- On 26th Nov 2016, 20 male, 10 female with Dr. Zoramdinthara visited plantation site for cleaning plantation.

DECEMBER 2016:

- Fortunately 8 volunteers of this Unit were selected to participate in the NSS NE Festival to be held on 5th - 9th January 2017 at Gauhati University.
- On 16th December 2016, cleanliness programme was organized at the College for cleaning NSS Office and NSS garden.

LEARNING & SERVICE

BUANNEL-IV

Principal
Pachhunga University College
Aizawl : Mizoram

REPORT OF THE National Service Scheme (NSS)

Dr. Zoramdinthara, Programme Officer



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Annual Reports:

Regular Activities:

15th April -15th May 2017:

- On 3rd April 2017, Swasth Bharat Trust In collaboration with NSS Unit Pachhunga University College organised Swasth Bharat Campaign at the Seminar Hall of Pachhunga University College. This Programme was attended by all Programme Officers of this institution, 60 selected Volunteers and 5 official of the Swasth Bharat Trust.
- On 31st March Dr. Zoramdinthara attended a Conference on restructuring of NSS at Delhi. From 4th -8th April 2017, three PO of this Unit namely, Dr Lalhakhima, Zothanmawia and MS Dawngliana successfully attended TOT at Mizoram University which was organised by NSS Cell, Mizoram University.
- On 21st April 2017, Lecture on Importance of Health and Sanitation Programme was conducted at the College. Dr. Zoramdinthara delivered a speech stressing the importance of health and sanitation. As Health and

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Katty
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Mizoram University

- On 27th June 2017, Shri Vijay Goel, Minister of Youth Affairs and Sport visited Mizoram and as per the request made by SNO, 15 Volunteers with Dr. Zoramdinthara PO participated in the interaction programme with Shri Vijay Goel at Aijal Club.
- On 30th June 2017, 20 male volunteers and 14th Female volunteers with PO Dr. Zoramdinthara participated in the Cleanliness Programme held at New Market which was conducted by NSS Cell, Mizoram.
- Campaign on Career Guidance Programme was successfully conducted at the Seminar Hall of this college. In this programme Dr. Zoramdinthara delivered a speech on the importance of choosing the career and this Programme was attended by 220 volunteers.
- On 8th July 2017, Dr. Zoramdinthara PO attended a Workshop with NSS Staff from Assam and North East organized by UNICEF and the Department of Communication and Journalism at Guwahati.
- On 14th July mass cleanliness Programme was conducted at the College and its Surrounding areas. This programme was attended by 650 male volunteers and 440 female volunteers with all Programme Officers.

15th July to 15th August 2017

- Dr. Zoramdinthara PO delivered a special lecture on the importance and benefits of Blood donation on 24 July 2017 at the Government Aizawl College.
- During 1-9th July 2017, Peer Educator training was organized at Chanmari YMA Hall and in this programme Dr. Zoramdinthara PO delivered and presented a paper on the "Importance and benefit of Blood donation".
- On 14th July 2017, Launching of Heroes campaign was held at the College Seminar Hall. Pu Lalhanzara, Health and Family Welfare Minister was the Chief Guest. Dr. Zoramdinthara PO also delivered a speech on the importance and benefits of blood donation. This programme was attended by 160 Volunteers.

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sanitation was one important Flagship Programme of Government of India, the NSS Units of this institution had taken initiative in spreading the importance of health and sanitation in our lives. In this Programme, selected 150 male volunteers and 70 female volunteers who were basically trained to motivate others were also very active in their participation.

- On 28th April 2017, Mass Cleanliness Campaign was organised at the College Campus 350 male volunteers and 240 female volunteers with all the nine Programme Officers of this units were actively involved in the programme.

15th May 2018- 15th June 2018:

- On 3rd June 2017, clearing of NSS Park at the campus was conducted. In this programme selected 14 male Volunteers actively participated.
- As per the request made by Green Mizoram Committee and Save Chite River, on 9th June 2017 the NSS Unit of this institution visited Chite River and organized cleanliness campaign on site by cleaning polythene, garbage bag and other polluting materials that could be harmful to the river. This programme was witnessed by three Programme Officers of these Units.
- On the occasion of World Environment day 5th June 2017, this institution created an Orchid Garden at the NSS Garden at Pachhunga University College. The Garden was inaugurated by Chief Secretary Pu Lalhalsawma, IAS. This programme was participated by all the PO and 50 volunteers.
- On 12th June 2017, clearing and planting saplings was conducted at the NSS Plantation site, World bank road. In this Programme, 21 male and 15 female volunteers along with Dr. Zoramdinthara participated. 30 saplings were planted.
- On the occasion of World Blood Donors day 14th June 2017, the NSS Unit of Pachhunga University College was awarded the 2nd Prize Voluntary Blood Donation Award 2016 among Institution by MSACS and AVBD, Mizoram for their performance in voluntary blood donation.

15th June to 15th July 2017:

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Principal
Pachhunga University College
Aizawl : Mizoram

- On 3rd August 2017, 5 Ministers of 20 female and 30 male volunteers participated a one day Heroes campaign for Peer Educator training which was organised by AVBD, MSACS and CZ Foundation, Aizawl at Chanmari YMA Hall.

- On 14th August 2017, Observance of Swachhta Pakhawada programme was organized at the college campus. This Programme was attended by 300 Volunteers with Dr R. Ramthara and Dr. Zoramdinthara, PO.

- On 14th August 2017 on the celebration of India Independence, Cleanliness programme was successfully organized at the College. This Programme was participated by 300 male and 250 female volunteers with all Programme Officers.

- In view of Mass Voluntary Blood Donation Camp to be held on 26th August 2017, On 25th August 2017, awareness Campaign on Voluntary Blood donation was conducted in different classes of the institution. All the Programme Officers with 1600 volunteers participated in this programme.

- On 26th August 2017, mass Blood donation Camp was organized at the College. Blood bank staff from Civil Hospital visited our institution and collected valuable blood of our volunteers. In this programme, 195 male and 100 female total 295 units of blood was collected. All Programme Officers participated and assisted blood bank staff.

- On 8th September 2017, cleaning and clearing of Plantation site at the campus was conducted. In this Programme, 90 volunteers with POs Esther Lalhlankimi, Vanlalveni Pachuau, Dr. Jamie Zodinsangi and Malsawmdawngliana also attended this programme.

15th September to 15th October 2017

- On 15th September 2017, Sensitization Programme on HIV/AIDS and Importance of Voluntary Blood Donation Programme was organized at the College. In this Programme, selected volunteers delivered lectures among the student and all the Volunteers were actively involved.

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b) Dr. Zoramdinthara PO attended Consultation Meeting with Mizoram Journalist Association on 23rd September at Hotel Sangchia, Aizawl.

c) Dr. Zoramdinthara PO also delivered a lecture on the Benefits of voluntary blood donation on 26th September 2017 at Kolasib.

d) On 22nd September 2017, 70 Volunteers with One PO, Dr. Zoramdinthara participated at the Observance of NSS Day organized by the State NSS Cell at Aizawl streets.

e) On 15th September 2017, Awareness Campaign on HIV/AIDS programme was organized at the College and in this programme Dr. Zoramdinthara delivered a speech on the prevalence and prevention of HIV/AIDS in Mizoram. This programme was attended by 400 volunteers.

f) On 30th September 2017, 30 NSS Volunteers with two PO, Mr. Zothanmawia and Malsawmdawngliana participated in the Programme Save Chite River organized by Save Chite River Committee.

g) On 6th September cleanliness Programme was organized at the College and all the Programme Officers with 520 volunteers actively participated in this programme.

15th October to 15th November 2017

a) As invited by Federation of All India Blood donation Association, on 10-12 November 2017, Dr. Zoramdinthara PO attended and presented a paper at BLODCON 2017 held at the Lovely Professional University, Punjab.

b) During 6-7th November 2017, 8 volunteers 4 male and 4 female attended the Cultural festival at Kolkata organized by Sahitya Academy Regional Centre, Kolkata.

c) On 28th October 2017, fencing and clearing of Plantation site at College campus was conducted. 70 volunteers, Dr. Lalthakima, Esther Lalitankimi, Dr. Jamie Zodinsangi Hrahse and Vanlalveni Pachuau also attended the programme.

15th November to 15th December 2017:

a) On 2nd December 2017, Dr. Zoramdinthara PO has delivered a special lecture on the Importance and Benefits of Blood Donation at the Horticulture College, Selesih.

b) On 14th December 2017, Winter Concert Cum Environmental awareness campaign was organised at Lungleng Village of Adopted Village. The Programme was chaired and convened by Dr. Zoramdinthara, PO NSS. In this programme Pu Vanlalruata, President Central YMA was the Chief Guest and he also emphasized the need for hard work and preservation of culture. Dr. Lalthanzara, Asst. Professor, Pachhunga University College also delivered a speech on the Importance of Preserving Wildlife. Our NSS Volunteers also performed a number of beautiful songs at the programme. Cultural dance was also performed by our volunteers as well. Around 30 Volunteers and 300 people from adopted village participated the programme.

15th December 2017 to 15th January 2018:

a) On 16th December 2017, Inaugural function of Tuirial hydel Project was held at Lammual, Aizawl and in this programme, Hon'ble Prime Minister Narendra Modi was chief guest in this programme. This Programme was also attended by 15 volunteers with Dr. Zoramdinthara.

b) On 9th January 2018, Dr. Zoramdinthara PO delivered a special lecture on the Importance and Benefit of Blood Donation in the Programme Reproductive Child Health at Community Health Centre, Hnahlan, Champhai District.

c) On 12th January 2018, Dr. Zoramdinthara attended a meeting of Voluntary blood donation at Civil Hospital, Aizawl.

15th January to 15th February 2018:

a) On 8th February 2018, cleanliness programme was organized at the College and was attended by 100 male and 40 female volunteers.

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b) Voluntary Blood Donation Campaign was held at the College on 7th February 2018. Dr. Zoramdinthara delivered a speech on the Importance of Voluntary Blood Donation. Around 1000 volunteers were actively participated the programme.

c) Voluntary Blood donation camp was successfully organized at the College and in this programme, 166 male and 112 female volunteers donated their blood. This programme was actively participated by all the Programme Officers.

d) From 8-12 February 2018, 8 volunteers including Dr. Zoramdinthara successfully participated and performed the Mizo traditional dance at National Mime festival at Imphal.

15th February to 15th March 2018

a) On 16th February 2018, Cleanliness Programme was organized at the College Campus. This programme was participated by 300 male and 190 female with all Programme Officers.

b) On 6th March Life Skills training Programme was organized at the College and in this programme Dr. Zoramdinthara PO delivered lecture on Different Topics of Life Skill. This programme was attended by around 230 male and 100 female.

c) On 8th March 2018, Library week was observed at the College and in this Programme, 60 volunteers of this unit participated throughout the day.

d) On 10th March 2018, 30 male and 19 female volunteers have social work at our College playground.

e) On 16th March 2018, Moral Development cum Life Skills Programme was organized at the College Campus. This programme was participated by 700 male and 590 female with all Programme Officers and Dr. Zoramdinthara PO delivered a lecture on Different topics of Life Skill.

f) On 20th March 2018, National Level Programme on Run and Ride Campaign against Cancer Programme was held at our Institution. The programme hosted by NSS Unit Pachhunga University College was jointly

organized by NSS Unit, Pachhunga University College, Rotary Club Aizawl, National Health Mission, Mizoram and Tata Trusts, Mumbai. The Flag off Programme was conducted at 6:30 am from Vana Pa Hall and Ride and run is flagged off by Honorable Health Minister Pu Lalthanzara. Closing Programme was chaired by Dr. Zoramdinthara, PO and Coordinator of the Programme. Dr. Ravi Kannan, Director, Cachar Cancer Hospital delivered a lecture on Cancer and its Prevention. Dr. Eric Zomawia, Nodal Officer, NCD, Mizoram also delivered a lecture highlighting the Status of Cancer in Mizoram. 23 Sect Assam Rifles DIG Colonel Pratyush Gaur also felicitated Dr. Ravi Kannan for his outstanding Contribution in the field of fighting cancer. This programme was participated by 250 volunteers from this unit, all Programme Officers, 100 Assam Rifles, Medical doctors and different young energetic from Aizawl city.

g) On 27th March 2018, 300 male and 200 female volunteers have social work at our College campus.

h) On 15-17th March 2018, National Seminar on Multi Lingual Poets Meet programme was held at Government Hrangbana College and Dr. Zoramdinthara and one Volunteer - Vanlalhlmpui participated this programme.

Special Camping:

Special Camping programme was conducted at Lungleng and Damveng during 19th - 25th June 2017.

REPORT OF THE National Service Scheme (NSS)

Dr. Zoramdinthara, Programme Officer



The NSS Unit of Pachhunga University College is the premier NSS Unit in Mizoram and it came into existence in 1972. From the date of its inception, volunteers and Programme Officers of this unit have been rendering their voluntary services for the expansion of NSS activities and taking up various programmes. At present, this unit has nine Programme Officers with the strength of nine units of nine hundred student volunteers. Some major achievements during 2018 - 2019 may be given as follows.

Annual Report: Regular Activities:

April - May 2018:

On 20th April 2018, cleanliness cum social work programme was organized at the College campus. In this programme 110 male volunteers and 80 female volunteers with two Programme Officers participated.

Our volunteers participated and performed cultural dance at National Children Literature Seminar held on 17th April 2018 at Serkawn, Lunglei.

May to June 2018:

1. Twelve of our volunteers participated and performed Mizo Cultural dance at the College Graduation ceremony held on 24 May 2018 at the College Auditorium.
2. On 14th June 2018, the NSS Unit of this institution was awarded Best Voluntary Blood donation award 2017-18 by MSACS and AVBD Mizoram for Donation of 673 Units of Blood among the Institutional level. The award was received by Dr. Tawnenga, Principal of Pachhunga University College.

3. On 11st June 2018, on the occasion of Green Mizoram day, tree plantation cum cleaning of Plantation site at World Bank road near Thiak Village was organized. In this programme, 30 male and 20 female volunteers along with two programme Officers participated.
4. On 12 June 2018, a park with fruit bearing trees called Chawmzil park was created at College Campus; 60 Chawmzil saplings were planted in this park. In this programme 40 male and 12 female volunteers and two Programme Officers participated.

June to July 2018:

1. On 20th June 2018, social work cum cleanliness programme was organized at the College campus. Two PO and 60 male and 40 female volunteers actively participated.
2. On 22 June 2018, social work programme was organized at the college campus and College veng locality. In this programme, 60 male and 30 female volunteers actively participated.
3. On 6th July 2018 saron saplings were planted at Sihhmui, Lengpui airport Road which was organized by selected NSS Units within Aizawl City and Department of Tourism. In this programme 30 saron saplings were planted. 30 male and 20 female volunteers with two Programme Officers participated.
4. On the same day, on 6th July 2018 mass cleanliness Programme was organized at the college campus and selected streets of neighboring locality.

July - August 2018

1. On 27th & 28th July 2018, mass cleanliness programme was organized at the college campus. In this programme, 400 male and 200 female volunteers and all Programme Officers participated.
2. On 31 July 2018, mass social work Programme was organized at the college and College Veng locality. In this Programme, 300 male and 100 female volunteers actively participated.
3. On 1st August 2018, social work cum cleanliness Programme was conducted at the college and its area. 200 male and 100 female volunteers participated.
4. On 3rd August 2018, cleanliness Programme was organized at the college library and its surroundings. 140 male and 100 female volunteers were participated.
5. On 14th August 2018, International organ donation day was observed at the college. A lecture on the importance of organ donation was delivered by Mr. Zothanmawia PO. In this Programme, 100 male and 60 females participated.

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August - September 2018

1. On 16 August 2018 mass cleanliness Programme was organized at the College Campus. In this Programme 400 male and 200 females with all Programme Officers participated.
2. On 20 August 2018, cleanliness Programme was organized by all NSS Unit within Aizawl to clean street and Assam Rifles Ground. In this Programme, 30 male and 20 females with two Programme Officers participated.
3. On 24th August 2018, in view of diamond Jubilee celebration of this institution, Voluntary Blood Donation Campaign Programme was organized at the College Multipurpose Auditorium. A lecture on the importance of Blood donation was delivered by Dr. Zoramdinthara Programme Officer and in this Programme 2300 volunteers with all Programme Officers participated.
4. On 28 August 2018, mass social work programme was organized at the college and College Veng locality. In this programme, 400 male and 100 female volunteers actively participated.
5. On 29th August 2018, class wise Voluntary Blood donation campaign was conducted by Volunteers of this institution visiting all classes and making an appeal to donate blood.
6. On 29th August 2018, Mass cleanliness Programme was resumed at the College campus. In this programme 400 male and 300 females with all Programme Officers participated.
7. To commemorate Diamond Jubilee of Pachhunga University College, on 30th August 2018 Mass Voluntary Blood Donation Programme was organized at the College campus. In this programme 1400 male and 900 females with all Programme Officers participated. Total collection of Blood was 401 Male + 151 Female = 552.
8. On 3rd Sept 2018 mass cleanliness Programme was organized and in this programme 500 male and 300 female volunteers with all Programme Officers participated.
9. 7th Sept 2018 Cleanliness and clearing of Orchid garden and plantation site at the college was organised. In this programme 400 male and 250 female volunteers with all Programme Officers participated.
10. 10th Sept 2018 Social work cum cleanliness work and renovation of old building was done at the college. 200 male and 100 females with two Programme Officers participated.

11. 13th Sept 2018 Renovation works and cleanliness Programme was organized. 200 male and 70 females with two Programme Officers were participated.
12. 14th Sept 2018 Cleanliness work was organized at the campus. 300 male and 140 female volunteers with 5 programme Officers were involved. Similarly, Cleaning of Chawmzil plantation site at the Campus and Cleaning of orchid garden at the Campus was organized. In this programme 110 male and 70 female volunteers with four Programme Officers participated.

September to October 2018:

1. On 24th September, 40 of our volunteers participated in Voters Fest Held at Vana Pa Hall by Aizawl DC. Our Volunteer Candle Vanrempui was one of the hosts in the festival.
2. 24 September 2018, Cleanliness programme was organized at the college and in this programme 100 male and 70 female volunteers participated in the programme.
3. On 28th Sept 2018, mass cleanliness programme was organized at the college campus. 210 male and 100 female volunteers were actively involved.
4. On 3rd October 2018, Mock Poll election was conducted at the College and a short function was conducted at the college ground. In this programme 270 male and 190 female volunteers had cast their votes.
5. On 4th October 2018, Cleaning of Sharon plantation site at the Sihhmui was conducted. 30 male and 20 females with one Programme Officer also attended.
6. On 5rd October, review of NSS Activities in the presence of Shri Asit Singh, Joint Secy Ministry of Youth Affairs, Govt of India which was held at Hrangbana College. In this Programme, Dr. Zoramdinthara and Escher Lalitankimi PO also participated.
7. Our volunteer, Catherine Lalhruiduangi was selected as one of the participants for International Youth Exchange from 21st- 28th October 2018 at Moscow.

October to November 2018:

1. Our volunteer, Catherine Lalhruiduangi participated at the International Youth Exchange from 21- 28th October 2018 at Moscow and returned safely.
2. On 31st October 2018, cleanliness programme was organized at the college campus. In this programme, 90 male and 70 female volunteers with two POs attended.

November to December 2018:

1. On 23 November 2018, cleanliness programme was organized at the NSS plantation at the college. In this programme 50 male and 30 female volunteers had participated.

2. On 1st December 2018, career guidance for selected volunteers was conducted at the college. In this programme 40 male and 20 female volunteers attended the programme
3. One PO Dr Lalhuanpuia Vanchawng attended Meeting of Programme Officers held on 14th December 2018 at Govt Hrangbana College.

December 2018 to January 2019

1. On 9th January 2019, PO Dr. Zoramdinthara attended Video Conference regarding National Youth Parliament Festival at Mizoram Information Centre.
2. Our Volunteer, Candle Vanrempui was selected to represent Mizoram State in the National Declamation Contest which was to be held on 24 & 25 January 2019 at New Delhi.

January to February 2019:

1. On 17th January 2019, in view of coming District Youth Level Parliament Festival 2019 which was to be held at our institution and to chalk out detailed preparation, Dr. Ziriangura, State NSS Officer and S Ali, Zonal Director, NSYKS visited our unit.
2. On January 2019, walk-in screening for District Youth Parliament 2019 was conducted at our institution. Around 70 volunteers turned up.
3. On 17th January 2019, Voluntary Blood Donation Campaign was conducted at all Class rooms. In this Programme, selected volunteers with Dr. Zoramdinthara carried out this campaign.
4. On 18.01.2019, Voluntary Blood Donation Camp was organized at the College. In this donation Camp 169 male and 75 female volunteers donated their precious blood.
5. On 28th January 2019, District level Youth Parliament Festival 2019 was held at Seminar Hall, Pachhunga University College, organized by Dr. Zoramdinthara as Nodal Officer. The Programme was chaired by Dr. Ziriangura, State NSS Officer, Dr. Tawnenga, Principal, Pachhunga University College delivered the inaugural speech. Mr. S Ali, Zonal Director NYKS also talked about National Youth Parliament Festival 2019. In this Festival Candle Vanrempui stood second and Lalnunpuia stood third position. They were to further participate in the state level Youth Parliament festival to be held on 7th February 2019 at Aijal Club.
6. On 7th February 2019, State level Youth Parliament Festival was held at Aijal Club. In this Programme, our Unit Representative Candle Vanrempui was selected best parliamentarian and Lalnunpuia Renthlei also won the second position. Both Candle Vanrempui and Lalnunpuia Renthlei were to represent

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Mizoram State in the National Level Youth Parliament Festival 2019 at New Delhi. In this Programme, one PO Dr. Zoramdinthara and five Volunteers also witnessed the programme.

7. Two volunteers, Candle Vanrempui and Lalnunpuia Renthlei represent Mizoram State in the National Level Youth Parliament Festival 2019 at New Delhi.
8. Thirty-two Volunteers participated in the 3rd Brahmaputra Literary festival 2019 at Guwahati which was held from 9th to 11th February 2019.
9. Twenty volunteers participated in the Valentine Voluntary Blood Donation camp at Dawrpui Multipurpose Auditorium.
10. On 20th February 2019, inaugural Programme for Opening of Adoption village was held at Dulte Village, the Programme was chaired by Dr. Tawnenga, Principal Pachhunga University College and inaugurated by Mr. L. Thangmawia, MLA Lengteng Constituency. 20 Volunteers participated in the programme. After the Programme, there was a grand dinner which was sponsored by Pu L. Thangmawia, MLA.

February to March 2019:

1. On 28.02.2019, cleanliness programme was organized at the Campus. In this programme 200 male and 130 females were actively involved.
2. On 5th March 2019, TB Awareness Campaign was conducted at Jubilee Hall, Pachhunga University College. Dr. Lily Chhakchuak, District TB Officer was resource person and 200 students participated.
3. On 8th March 2019, around 900 volunteers participated in the Programme Awareness Campaign on RTI ACT 2005 at Pachhunga University College Auditorium.
4. On 12 March 2019, TB Awareness Campaign was Organized at Girls Hostel, Pachhunga University College. In this Programme, Dr. Lily Chhakchuak was the resource person. In this Programme 100 male volunteer and One PO participated.
5. On 30th March 2019, social works programme was conducted at the college campus and in this Programme, 180 male and 90 female volunteers participated.

Special Camping:

During this financial year, Special Camping programme was successfully carried out in NE Khawdungsei and Mualpui.

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4. On 22.07.2019, cleanliness cum social work programme was organized at the College campus. In this programme, 100 male and 60 female volunteers of this institution were actively participated.

5. On 9.07.2019, cleanliness programme was organized at the College campus. In this programme 120 male volunteer 70 females were participated in the programme.

August 2019:

1. On 2nd August 2019, NSS Orientation Programme was held at our college and in this programme 900 volunteers were participated and Dr. Zoramdinthara Delivered role and importance of NSS.
2. On 23.08.2019, Video conferencing on Fit India movement was conducted at Video Conference hall, IT Department, Government of Mizoram. In this Programme our volunteers, Laetitia Lalringgheti and Lalnunpuia Renthlei were participated.

3. On 29th August 2019, Fit India Movement programme was organized at Seminar Hall, Pachhunga University College. In this programme 130 volunteers with five Programme Officer were participated and take pledge for Fit India movement.

4. On 29th August 2019, Blood Donation Camp was organized at Seminar Hall, Pachhunga University College. In this programme, around 500 volunteers with eight Programme Officers were participated. In this donation camp, 180 units of blood were donated and out which 96 were male and 84 were female. In this programme, all Programme Officers namely- Dr. Esther Lalhlhankimi, Dr. Jamie Zodihsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalnunpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.

September 2019:

1. On 2nd September 2019, SBI Yono Apps Campaign was organized at the college. In this programme, Regional Branch Manager Mr JM Dawnga with five SBI Officer gave lecture on how to utilize SBI YONO Apps. In this programme around 500 volunteers were participated.

2. On 6th September 2019, Mass Cleanliness Programme was conducted at the College. In this Programme, around 500 Volunteers were participated with all Programme Officers were participated.

3. On 10th September 2019, 50 Volunteers our this institution were participated at the Mass Cleanliness Programme at Aizawl Street and Lamnuai area which is organized by All NSS Unit of Aizawl.

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REPORT OF THE PROGRAMME OFFICER National Service Scheme (NSS)

Dr. Zoramdinthara, Programme Officer



The NSS Unit of Pachhunga University College is most premier NSS Unit in Mizoram and its came into existence in 1972. From the date of its inception, volunteers and Programme Officers of this unit have been already rendering their voluntary services for the expansion of NSS activities in taking up various programmes. At present this unit has Eight Programme Officers with the strength of eight units of eight hundred student's volunteers. Some major achievement during 2019-2020 may be given as follows.

Regular activities:

April 2019:

1. On 11th April 2019, TB Awareness Campaign was conducted at Jubilee Hall, Pachhunga University College. Dr. Lily Chhakchhuak, District TB Officer was resource person and in this Programme, 300 Students were participated.

2. On 12th March 2019 at 7:30 Pm, TB Awareness Campaign was Organized at Girls Hostel, Pachhunga University College. In this Programme, Dr. Lily Chhakchhuak was resource person. In this Programme 120 male volunteer and One PO participated.

3. On 12th April 2019, Cleanliness Programme was conducted at College campus, Pachhunga University College and in this Programme, 530 volunteers were participated

May 2019:

1. On 20th May 2019, social works Programme was conducted at the college campus and in this Programme, 70 male and 30 female volunteers were participated. In this programme, all Programme Officers namely- Dr. Esther Lalhlhankimi, Dr. Jamie Zodihsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalnunpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.

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2. On 14th May 2019, Dr Zoramdinthara has attended NSS Programme Officer meeting at SNO Office to chalk out detail Programme for Observance of Green Mizoram day 2019.

June 2019:

1. On 12th June 2019, social works Programme was conducted at the college campus and in this Programme, 20 male and 10 female volunteers were participated.

2. On 14th June 2019, NSS Unit Pachhunga University College was awarded First Prize Award in the Voluntary Blood Donation 2018-2019 by ABVD and MSACS. The Award carries citation and kind and it was received by Dr. Tawnenga Principal.

3. On 14th June 2019, Dr Zoramdinthara has attended Review on end of the project by World Vision care Project.

4. On 11th June 2019, Green Mizoram day was observed at NSS Plantation site, World Bank road near Sumsuh. 21 male and 4 female volunteer with one PO were participated. 30 sapling also planted.

5. On June 21st, 2019, International Yoga Day was observed at the College. In this programme 40 volunteers with one PO were participated and lecture on importance of Physical exercise was delivered by Dr. Zoramdinthara, PO.

July 2019

1. NSS Unit of Pachhunga University College is very fortunate to have an opportunity to send two volunteer namely Laetitia Lalringgheti and Lalnunpuia Renthlei as part of Indian Youth Delegation to China from 2nd to 9th July 2019. As per participation report given by Ravi Kumar Sinha, Under Secretary, Ministry of Youth Affairs, Government of India, Laetitia Lalringgheti and Lalnunpuia Renthlei were actively participated in all the events and displayed good behavior during the programme.

2. On 3rd July 2019, a building was collapsed in Durtlang area and three persons were died. The incident happened on late Tuesday evening when the building constructed under the Basic Services for Urban Poor was collapsed. To do the relief works, 30 volunteers, members of Adventure club and their leader, MsZD Lalremthang with one NSS PO Dr. Zoramdinthara, the NSS Unit of Pachhunga University College were participated.

3. On 12th July 2019, Our Institution was awarded Certificate of Appreciation due to outstanding performance in Voluntary Blood Donation 2018-2019 by Association for Voluntary Blood donation and MSACS. In this programme, Dr. Zoramdinthara and Malsawmdawngliana PO attended.

On 20th September 2019, another blood donation camp was organised at the seminar Hall of the college, in this donation camp, 148 units of blood were collected. Out of which, 106 are male and 42 are female.

On 20th September 2019, cleanliness programme was conducted at College Campus. In this Programme, all PO with 600 volunteers were participated.

October 2019:

1. National Voluntary Blood Donation day was observed at the College Seminar Hall in collaboration with MSACS and NSS Unit, Pachhunga University College. In this programme, Dr. Vanlalpuia MLA and Chairman, Mizoram Youth Commission was Chief Guest and in his speech, he also stressed about current scenario and importance of Voluntary Blood Donation in the society. After the function of National Voluntary Blood donation day Programme was over, Voluntary Blood Donation Camp was organized in the same venue. In this donation camp, 166 Units of blood were donated and out of which 123 male and 43 female volunteer have donated their valuable blood for the needy patients.

On 22nd October 2019, Blood Donation Camp was organized at Seminar Hall, Pachhunga University College. In this programme, around 500 volunteers with eight Programme Officers were participated. In this donation camp, 88 units of blood were donated and out of which 70 were male and 18 were female. In this Voluntary Blood donation Programme, all the NSS Programme Officers of this institution are presented.

On 25.10.2019, Cleanliness cum social work programme was organized at the College campus. In this programme, all the Programme Officer with 160 male and 50 female, total 220 were actively involved in the programme.

On 31st October 2019, National Unity Day was observed at the College and around 200 volunteers were participated. Pledge taking was also conducted.

November 2019:

On 14th November, Cleanliness cum social works programme was organized at the college campus including classroom. In this programme, 120 male and 60 female volunteers were participated.

On 15th November 2019, 28 male and 20 female volunteers of this unit were actively participated in the National Seminar on Resuscitating Mafan Haulmar: Contemporary perspective on his essays and poetry.

December 2019:

On 3rd December 2019, Dr. Zoramdinthara attended and presented power point presentation on Benefit of Blood donor at Training on Capacity Building of

Leadership and Personality Development through life skill at Government Zirtiri College organized by Regional Director, NSS Guwahati and NSS Cell Mizoram and NSS Unit, Government of Zirtiri Res SC College.

Again on 5th December 2019, Dr. Zoramdinthara attended and has presented power point presentation on Benefit of Blood donor at Training on Capacity Building of Leadership and Personality Development through life skill at Government Serchhip College which was organized by Regional Director of NSS, Gauhati and NSS Cell, Mizoram and NSS Unit, Govt Serchhip College.

On 2nd December 2019, Mass Cleanliness Programme was conducted at the College. In this Programme, around 100 Volunteers were participated.

January 2020:

17th January 2020, mass cleanliness programme was organized at College campus. In this programme, 130 male and 70 female volunteers with all Programme Officers were participated.

On 24th January 2020, Mass Cleanliness Programme was conducted at the College. In this Programme, around 300 Volunteers were participated.

In this programme, all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.

On 31st January 2020, Mass Cleanliness Programme was conducted at the College. In this Programme, around 250 Volunteers were participated.

February 2020:

In view of Voluntary Blood Donation Camp to be organized on 7th February 2020 at the College, On 5th and 6th February 2020, Voluntary Blood donation Campaign was organised at the College.

On 7th February 2020, Voluntary Blood donation camp was organised at the College Campus and in this Blood donation camp, 61 female and 157 male total 218 units of Blood were collected. In this programme, all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.

On 14th February 2020, 40 NSS Volunteers from this institution were participate as volunteer in the Valentine Voluntary Blood donation camp at Dawrpu Multipurpose Hall, which is organised by AVBD Mizoram.

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On 24th February 2020, Sir Dipak Sharma, Regional Director NSS and Dr. Zirliaingura SNO, Mizoram visited our Unit. Fortunately, we have a chance to visited our campus including our college plantation site.

On 28th February 2020, Mass Cleanliness Programme was conducted at the College. In this Programme, around 350 Volunteers were participated. In this programme, all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.

On 28th February 2020, Mass Cleanliness Programme was conducted at the College. In this Programme, around 270 Volunteers were participated.

March 2020:

On 4th March 2020, Dr. Zoramdinthara delivered a lecture on Benefits of Blood Donor at the Inter Institutional Camp on Leadership and Personality Development at Govt. Zirtiri Res. Sc. College organised by NSS Cell Mizoram and Regional Directorate, Guwahati.

In view of Voluntary Blood Donation Camp to be organised on 16th March 2020 at the College, on 12th and 13th March 2020, Voluntary Blood Donation Campaign was organised at the College. In this Blood donation Campaign, all Art departments in the College consists of 600 male volunteers and 450 female volunteers who actively participated. Campaign was headed by Dr. Zoramdinthara with selected peer donor volunteer.

Voluntary Blood Donation Camp was organised at the College Campus on 16th March 2020 and in this Blood Donation Camp, 119 female and 154 male total 273 units of Blood were donated. This Voluntary Blood Donation Camp was also graced by Dr. Zirliaingura SNO. In this programme all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara actively participated.

Special Camping:

Special Camping programme was successfully carried out at adopted village Dulie during 18th - 24th November 2019. During this campaign, the following programmes were successfully carried out - Construction of one Waiting Shed at Dulie Village Public Symmetry, Cleanliness Drive, Awareness Campaign on Fire Prevention.

Coordinator

Internal Quality Assurance Cell
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