



# PACHHUNGA UNIVERSITY COLLEGE

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**Report: Online Training Programme on  
Engaging Youth and Adolescents in Disaster Risk  
Management and Climate Change Adaptation**

**Organized by:**  
**National Institute of Disaster Management (NIDM),  
Ministry of Home Affairs, GOI**  
**&**  
**Rajiv Gandhi National Institute of Youth Development  
(RGNIYD)**

**Date :** 8<sup>th</sup> – 10<sup>th</sup> June, 2022

**Time :** 11:00 – 1:00 PM IST

**Platform :** Google Meet

**Host :** Dr. Sharmistha Bhattacharjee , Asso. Professor & Head RGNIYD, Tamil Nadu

**Speakers :** 1) Dr. Kumar Raka, Prog. Officer, CCDRR Centre, NIDM  
2) Dr. Balu I , CCDRR Centre, NIDM  
3) Shri Ranjan Kumar , PA, CCDRR Centre, NIDM  
4) Ms. Namratha Sharma , JRO , CCDRR Centre , NIDM  
5) Ms. Dolphi Raman , External Expert

PUC NSS Volunteer PC Lalremruatsaki, 4th semester, Department of Chemistry, represented Mizoram in a training program on “**Engaging Youth and Adolescent in Disaster Risk Management and Climate Change Adaptation**” organized by National Institute of Disaster Management (NIDM), Ministry of Home Affairs, GOI & Rajiv Gandhi National Institute of Youth Development (RGNIYD) held during 8<sup>th</sup> – 10<sup>th</sup> June, 2022 via Google Meet. From each state several NSS Volunteers, NSS PO, NCC, NYK, Officers represented their state and participated the meeting.

***The reports summarized by Ms PC Lalremruatsaki (NSS volunteer) is given below:***

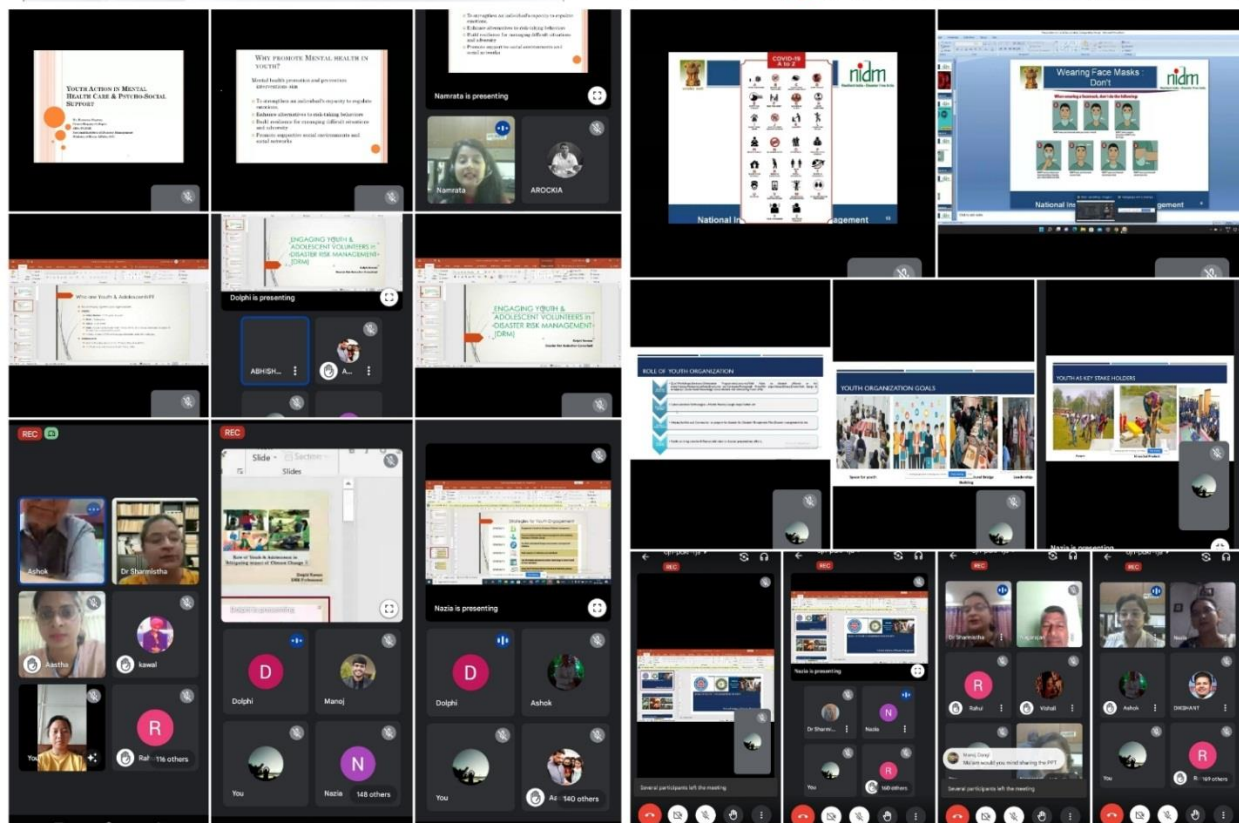
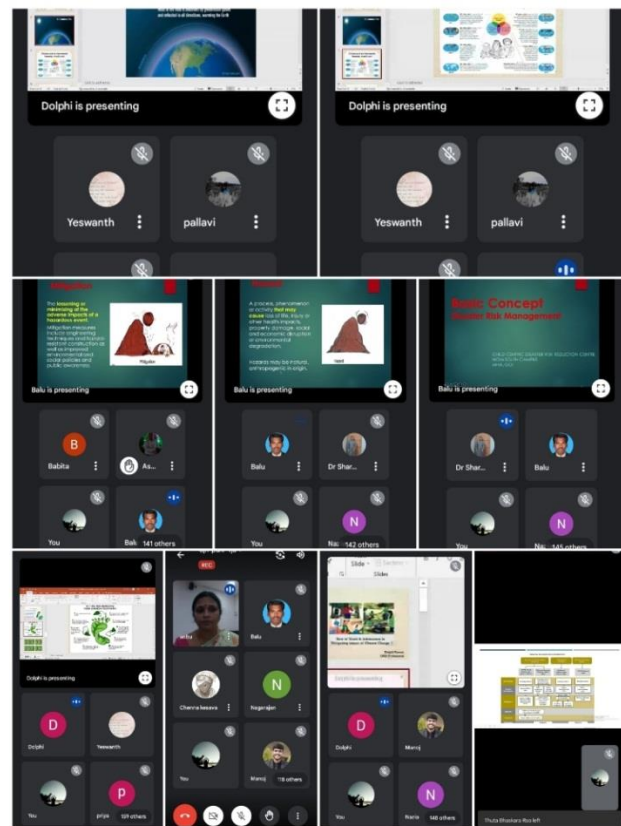
The Online training started on 8<sup>th</sup> June, 2022 at 11:00 am. The meeting was chaired by Dr. Sharmistha Bhattacharjee, Asso. Professor & Head RGNIYD, Tamil Nadu and welcomed the participants of each state on behalf of the organizers and introduced the speakers for the three days training. The speaker of the first session was Ms. Namratha Sharma, JRO, CCDRR Centre, NIDM, her topic was ‘**Role of Youth Organization in Pandemic**’, the speaker mentioned that youth organization have a huge role during pandemic for giving information to their respective youth and to prevent pandemic. The speaker also mentioned that in the previous year during covid-19 pandemic huge wave occurs, some NSS Volunteers and other, volunteers themselves for giving important information to the people and helping health workers in their needs. The speaker also reached the participants some signs and do’s and don’ts during the pandemic, and request the participants to share information to their colleagues, friends, family and others so together we can prevent these pandemic before it causes disaster to the people. By this humble request, the speaker ended the first session of the training.

The host gave thanks to Ms. Namratha Sharma for her relevant presentation. The second session was started and the host invited the speaker of the second session, Ms. Nazia Shaik JRO, CCDRR Centre, NIDM, her topic was ***'Role of youth Organization in DRM'***. The speaker mentioned that youth organization plays a huge in helping families and community to prepare for disaster, eg: Disaster management plan, disaster management kit etc., and youth can bough creative and resourceful ideas to disaster preparedness efforts. She also said that youth can be a key stake holder in the disaster management and young people can developed important personal and interpersonal skills, from youth organization young people can gain self-confidence and self-esteem and self-identity, and it can develop job skills and received information on staying safe and healthy from their peers. By this, the speaker concluded her speech and the host opened question and answer session and by that the meeting was concluded by the host for the first day of online training.

The second day of online training was 9<sup>th</sup> June, 2022 at 11:00 am, the meeting was hosted by Dr. Sharmistha Bhattacharjee, Asso. Professor & Head RGNIYD, Tamil Nadu, and the speaker of the first session was Ms. Namratha Sharma , JRO ,CCDRR Centre , NIDM , her topic was ***'Youth Action in Mental Health Care and Psycho-Social Support'***, the speaker said that mental health promotion and prevention in youth aim to strengthen an individual's capacity to regulate emotions and to enhanced alternatives to risk taking behaviors and others, she also mentioned some disorders during adolescence such as psychosis, emotional disorders etc., she also said that we can have a better mind settings by doing good things and not over stressed ourselves in a small thing and we can help our friends out there by checking their behaviors and listening to them. The speaker requests the participants to help people in their need and by this she concludes the session. The second session was started and the speaker was Ms. Dolphi Raman , External Expert , her topic was 'Engaging Youth and Adolescents in Disaster Risk Management' the speaker mentioned some strategy for youth engagement in all phase of disaster management and focus on environmental resource management and combating the impact of climate change and others. She also mentioned that youth plays an important role when disaster occurs in many ways such as rescuing, giving information etc. She invited all the participants to play a key role and to helps others when such disaster occurs. By this the speaker ended her presentation and the host opened few times for question and answer and after that the meeting was concluded for the second of training.

The third day of online training (10<sup>th</sup> June, 2022) was started at 11:00 am, the meeting was hosted by Ms. Nazia Shaik JRO, CCDRR Centre, NIDM, and the speaker of the first session was Ms. Dolphi Raman, 'External Expert, her topic was ***'Role of Youth and Adolescents in Climate Change'***, the speaker mentioned how climate and environmental hazards, shock and causes effects to human and she also mentioned some points tips to reduce carbon footprint, and how we can reduce the greenhouse effect in our daily life and how each and everyone plays an important role in maintaining the environment and climate changes by planting trees, use less auto mobiles etc. By this she conclude the first session and the host called the speaker for the second session, Dr. Balu I, CCDRR Centre, NIDM, his topic was ***'Basic Concept in Disaster Risk Management'*** Dr. Balu gave some basic concept and meaning of his topics to the participants such as, Hazards, Capacity, Prevention, Disaster, Mitigation etc., to the participants and answered the questions by the participants and concluded his presentation. Dr. Anbu Kavitha, Asst. Prof., RGNIYD, Tamil Nadu gave vote of thanks for this session.

The closing function was held by Dr. Sharmistha Bhattacharjee, Asso. Professor & Head RGNIYD, Tamil Nadu by giving vote of thanks to all the participants, speakers, patrons, coordinators, supervisors and other and others. The host wrapped the meeting and it was concluded at 1:30 pm.



*Photos of Online Training Programme on  
Engaging Youth and Adolescents in Disaster Risk Management and Climate Change Adaptation*